Sustainability

• Def = Refusing to compromise the flourishing of future generations for the benefit of the current generation.

• Special Case of the General Moral Principle: It is wrong to compromise the flourishing of some for the benefit of a few.
Barriers to Eating Sustainably

- Lack of Transparency within the Food System
- Paradoxes of the Food System
  - Paradox of Choice
  - Paradox of Control
  - Paradox of Cheapness
- Conceptual Blinder: Reducing your conception of the relationship with food to that between an eater and the items eaten.
Canada’s Food Guide: Based on A Reductivist Conception
Solution:

Seeing Through the Plate

- Start seeing more in your relationship with your foodstuff; start seeing the....
  - **Faces** of those impacted by your food choices.
  - **Hands** through which your food has passed.
  - **Communities** in which your foods were produced and processed.
  - **Environments** in which your food was grown.
Want to Learn More

- Western Sustainability: Sustainable Food
- Hospitality Services Sustainability Action Plan 2020-21
- Middlesex London Food Policy Council
- Philosophy 2082: Introduction to the Philosophy of Food (to be offered Fall 2021)
Thank you / Merci

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