



Western

## ZERO WASTE CHECKLIST

Western is striving to become a Zero Waste Campus by 2022. To create Zero Waste at Western means to divert 90% or more of the waste produced on campus from the landfill by reusing, recycling or composting. In 2012, Western diverted 45% of its waste. By using the checklist below, help Western achieve even greater success this year and reach its goal of becoming the first Zero Waste Campus in Canada!

Questions?	Answers & Solutions
Are you confused about what is recyclable on campus?	<ul style="list-style-type: none"> <li>☆ Plastics numbered 1, 2, 4 or 5, glass, metals, paper and cardboard are all accepted for recycling at Western. For a detailed list of recyclable items on campus, check out the “Recycling at Western” posters on the Green Boards all over campus.</li> </ul>
Do you have an old laptop, TV, cell phone or power cord that you want to get rid of?	<ul style="list-style-type: none"> <li>☆ Dispose of small electronic (e-Waste) items beside Battery Recycling bins located on every floor in most buildings. For larger items or amounts, please request an e-Waste recycling bin from Facilities Management by calling ext. 83304.</li> </ul>
Do you want to compost your food scraps?	<ul style="list-style-type: none"> <li>☆ UCC’s Center Spot composts all food and paper waste. By 2013, compost bins were also installed in all suite style residences and residence cafeterias.</li> <li>☆ You can request a small compost bin for food scraps in your suite-style dorm or office by calling ext. 83304.</li> </ul>
Are you aware of how much garbage you produce?	<ul style="list-style-type: none"> <li>☆ Challenge yourself! Invest in a smaller garbage bin for your home or office so that you are forced to think about how much you are throwing away.</li> </ul>
Do you throw away lots of packaging?	<ul style="list-style-type: none"> <li>☆ Buy in bulk! This reduces the amount of product packaging and often saves you money.</li> <li>☆ Make your purchases strategically! For example, substitute buying cases of pop wrapped in plastic for cases packaged in cardboard boxes that can be recycled.</li> </ul>

Do you like having a morning (or more) coffee/tea?	<ul style="list-style-type: none"> <li>☆ Bring your own mug! Hospitality Services offers a 10 cent discount on beverages served in reusable mugs.</li> <li>☆ Disposable coffee cups are not recyclable and will just end up in the landfill if you use them.</li> </ul>
Do you drink lots of water?	<ul style="list-style-type: none"> <li>☆ Fill up your reusable water bottle at one of Western's many refill stations.</li> <li>☆ Purchasing water bottles on campus (or anywhere) is a waste of your money!</li> </ul>
Do you use disposable batteries?	<ul style="list-style-type: none"> <li>☆ Try using rechargeable batteries.</li> <li>☆ Battery recycling bins are located on every floor in most buildings (close to the Green Board).</li> </ul>
Do you have an empty printer cartridge or toner?	<ul style="list-style-type: none"> <li>☆ Refill empty cartridges.</li> <li>☆ Return empty cartridges to the place you bought/ordered them from.</li> </ul>
Do you use plastic bags at the grocery store?	<ul style="list-style-type: none"> <li>☆ Switch to reusable grocery bags.</li> <li>☆ The average family of 4 uses 1000 plastic bags every year. That's almost 3 bags per day! At 5¢ each, this adds up to \$50 every year.</li> </ul>
Do your leftovers come in Styrofoam containers?	<ul style="list-style-type: none"> <li>☆ Request a plastic container for your leftovers. Many restaurants will either accommodate your request, or will start to realize that customers do not want Styrofoam anymore.</li> <li>☆ Better yet, bring your own reusable plastic or glass containers with you to help reduce the amount of containers restaurants need to produce.</li> </ul>
Do you pack a lunch each day?	<ul style="list-style-type: none"> <li>☆ Pack lunches in reusable containers. This will also help you save on the cost of plastic sandwich bags, aluminum foil and cling wrap.</li> <li>☆ Don't forget your reusable cutlery!</li> </ul>

**For more information, please contact:**

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